

**I. COURSE DESCRIPTION:**

- A. Department Information:  
Division: Social Science  
Department: Human Services  
Course ID: HUMSV 182  
Course Title: Alcohol/Drug Program Modalities  
Units: 3  
Lecture: 3 Hours  
Laboratory: None  
Prerequisite: None
- B. Catalog Description: Principles and practices of the social models of alcohol/drug rehabilitation; comparative analysis of the various program/treatment modalities; and a review of the state certification and licensing requirements with a focus on administration, staffing, and community involvement in treatment programs. This course qualifies for continuing education credit for nurses. Provider approved by the California Board of Nursing, provider number 01480 for 45 contact hours.
- C. Schedule Description: Principles and practices of the social models of alcohol/drug rehabilitation including analysis of the various program/treatment modalities and a review of the state certification and licensing requirements. This course is approved for continuing education credit for nurses. Provider approved by the California Board of Registered Nursing. Provider #01480 for 45 contact hours.

**II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One**

**III. EXPECTED OUTCOMES FOR STUDENTS:**

- Upon successful completion of the course the student should be able to:
- A. Describe the historical development of chemical dependency treatment programs
  - B. Explain the different approaches to treatment and have the ability to assess and individual need for the appropriate intervention
  - C. Identify appropriate strategies for quality treatment interventions
  - D. Specify program-planning strategies
  - E. Discuss various strategies in personal management and conflict resolution, professional standards and certification
  - F. Describe marketing techniques for revenue enhancement form both public and private sources
  - G. Explain case management theory and individual recovery planning
  - H. Describe the various aspects of administration, board recruitment and budgeting in both for-profit and nonprofit organizations

**IV. COURSE CONTENT:**

- A. History and Development
  - 1. Pre-1900
  - 2. 1900-1935
  - 3. 1935-1971
  - 4. 1971-Present
- B. Basic Modalities
  - 1. Medical Model
  - 2. Modified Medical
  - 3. Social Model
  - 4. Conceptual Models

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- C. Federal and State Requirements
- D. Corporate administration
- E. Personnel Administration
- F. Program Development
- G. Marketing and Revenue Enhancement
- H. Fiscal Administration
- I. Community Involvement

**V. METHODS OF INSTRUCTION:**

- A. Lecture
- B. Audio-visual presentations
- C. Directed Discussion

**VI. TYPICAL ASSIGNMENTS:**

- A. Each student will be responsible for development of a reference notebook from handout materials of community agencies for future referrals
- B. Each student will submit a term paper of 3-5 pages, typewritten and double-spaced. The student will present the term paper to the class. Typical subjects may include:
  - 1. Chemical Dependency Programs Pre 1900. (or other time period)
  - 2. Making an Individual Assessment for Appropriate Treatment.
  - 3. How Communities Can Contribute to CD Programs
- C. Participate in a group presentation on a specified subject.

**VII. EVALUATION(S):**

- A. Methods of evaluation:
  - 1. True and False tests
  - 2. Multiple Choice tests
  - 3. Sentence Completion tests
  - 4. Essay tests
  - 5. Team projects
  - 6. Term paper
- B. Frequency of Evaluations:
  - 1. One mid-term examination
  - 2. One final examination
  - 3. Weekly written assignments
  - 4. Weekly skills observation
  - 5. Term paper at semester's end
- C. Sample Exam Questions:
  - 1. Discuss the relationship between drug and alcohol abuse and homelessness. How does one contribute to another?
  - 2. What are some of the possible effects of advertising on drug and alcohol consumption?
  - 3. What problems does the decline of clinical treatment programs create for substance abusers? What can be done to alleviate these problems?

**VIII. TYPICAL TEXT (S):**

Changing Addictive Behavior: Bridging Clinical and Public Health Strategies. New York: Guilford Publications, 2001

Diamond, Jonathan. Narrative Means to Sober Ends: Treating Addiction and its Aftermath. New York: Guilford Publications, 2002

**IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None**